Program of Instruction
Course Syllabus

Course Title: Firefighter Self Rescue and Survival

Course Duration: 1-16 hours

Program: Firefighting

Course Prerequisites: None

Course Description: The goal of this course is to familiarize fire department personnel with Firefighter Rescue and Survival. Students will familiarize themselves with various survival techniques. The students will also familiarize themselves with equipment that is necessary to make use of those techniques. Students will also learn how to make more efficient use of their department’s equipment.

Course Requirements and/or Recommendations: These can be divided into three categories: those completed prior to arriving in class (Pre-Course Work), those completed during class, such as homework assignments and quizzes (Course Work), and requirements completed after class but prior to receiving a certificate of completion. (Post-Course Work)

Summary of Directions
  Pre-Course Work: None
  Course Work: None
  Post-Course Work: None

Course Policies:

Safety Policy: Students shall understand and follow all instructions pertaining to operational safety, as stated by instructors or as written in course materials. Instructors and students shall be mindful of safety at all times. Conduct judged to be unsafe shall be grounds for dismissal from the course.

Academic Integrity Policy: IFSI has the responsibility for maintaining academic integrity so as to protect the quality of the education provided through its courses, and to protect those who depend upon our integrity. It is the responsibility of the student to refrain from infractions of academic integrity, from conduct that may lead to suspicion of such infractions, and from conduct that aids others in such infractions. Any violation of the code of conduct is grounds for immediate dismissal from the course.
Course Content:

Module: 1  
Title: Firefighter Self Rescue and Survival  
Terminal Learning Objective:  
At the conclusion of this module, the student will understand techniques to enhance firefighter survival.

Reference List:  
USFA FireFighter fatality reports  
Firefighter Rescue and Survival, Kolomay, Rick and Hoff, Robert  
Fire Fighter Survival, CAL Fire  
Firefighter Killer: Heart Disease, WebMD DeNoon, Daniel J.  
IFSTA, Essentials, 4th Edition
## Course Schedule

<table>
<thead>
<tr>
<th>Event</th>
<th>Duration</th>
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<tbody>
<tr>
<td>Module 1 – Firefighter Self Rescue and Survival</td>
<td>2 hours</td>
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<tr>
<td>Drill 1.1 - Emergency Egress</td>
<td>1.5 hours</td>
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<tr>
<td>Drill 1.2 – Disentanglement</td>
<td>1 hour</td>
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<tr>
<td>Drill 1.3 – Clark Hazmat Drill / Scuttle Drill</td>
<td>45 minutes</td>
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<tr>
<td>Drill 1.4 – SCBA Confidence Drill</td>
<td>45 minutes</td>
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<tr>
<td>Additional Practice of Practical’s</td>
<td>10 hours</td>
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