



# Illinois Fire Service Institute First Responder Resiliency Project

## State Resources



### **100 Club of Illinois - (312) 265-0920**

<https://www.100clubil.org/>

The 100 Club of Illinois provides resources, several forms of financial support, access to training, and moral support to both the families of first responders killed in the line of duty and active duty first responders throughout the state of Illinois. All sworn federal, state, county and local first responders stationed in Illinois are included.



### **Illinois Fire Fighter Peer Support - 855-907-8776**

[www.ilffps.org](http://www.ilffps.org)

ILFFPS is a statewide peer support network that can connect firefighters/EMTs with trained peer supporters and referrals for therapist



### **RE;ACT - Lt. Ryan Elwood Awareness, Counseling and Training for First Responder - 708-797-3228**

[www.react4ryan.com](http://www.react4ryan.com)

### **Rosecrance Florian Program - 888-928-5278**

[www.rosecranceflorian.org](http://www.rosecranceflorian.org)



The Rosecrance Florian Program is designed and staffed by active and retired First Responders/military which offers treatment for addictions and co-occurring issues.



### **Faith Based - Local Pastor/Chaplain or:**

Chief Steve Gambrell - 217-433-4144

## National Resources



### **Safe Call Now - 206-459-3020**

[www.safecallnow.org](http://www.safecallnow.org)

A 24/7 helpline staffed by First Responders for First Responders and their family.

### **Share The Load**

[www.nvfc.org/programs/share-the-load-program](http://www.nvfc.org/programs/share-the-load-program)

A 24/7 helpline run by the National Volunteer Fire Council. A 24/7 helpline staffed by First Responders for First Responders and their family.





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## **National Suicide Prevention Lifeline - 988**

[www.988lifeline.org](http://www.988lifeline.org)

The Lifeline provides 24/7, free and confidential support for people in distress, prevention, and crisis resources.

## **Veterans Crisis Line - 988 press 1**

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

A helpline staffed by VA professionals to help in times of crisis.



## Law Enforcement Resources

### **Crisis Response Team (CRT) and Peer Support - (866) 535-1078 Press 9**

The Crisis Response Team (CRT) is available 24-hours per day, seven days a week to provide confidential peer support and information to officers who are in crisis for any reason. Should a major incident occur, such as a shooting that involves a police officer, CRT will respond if called. If requested, CRT will also send a team member to assist the officer, family, and department. If the incident involves a line of duty death, CRT can assist in the preparations of law enforcement funeral.

### **FOP Illinois State Lodge Chaplaincy Program - (217) 726-8880**

The chaplain provides services as requested and all information is kept confidential. Religion and marital issues are discussed only as requested by the officer. Associate Chaplains are to be Christian friends, who meet an officer's needs on a one-to-one basis by listening or referring to other resources as is appropriate for each situation. As requested, or deemed appropriate, Associate Chaplains provide spiritual guidance and emotional care in times of crisis, and such physical help as he/she is equipped to provide on an emergency basis. Associate Chaplains are not intended to replace an individual's own clergy.