



## Illinois Fire Service Institute First Responder Resiliency Project



### State Resources



#### **100 Club of Illinois – (312) 265-0920**

<https://www.100clubil.org/>

The 100 Club of Illinois provides resources, several forms of financial support, access to training, and moral support to both the families of first responders killed in the line of duty and active duty first responders throughout the state of Illinois. All sworn federal, state, county and local first responders stationed in Illinois are included.



#### **RE;ACT – Lt. Ryan Elwood Awareness, Counseling and Training for First Responder – 708-797-3228**

[www.react4ryan.com](http://www.react4ryan.com)

RE;ACT celebrates the life of Lt. Ryan Elwood, strives to create AWARENESS for the battle he fought, campaigns for much needed COUNSELING to help his fellow Fire Fighters and First Responders who face the same challenges each day and funds TRAINING to benefit the profession for which he was so passionate.



#### **Illinois Fire Fighter Peer Support – 855-907-8776**

[www.ilffps.org](http://www.ilffps.org)

ILFFPS is a statewide peer support network that can connect firefighters/EMTs with trained peer supporters and referrals for professional care.



#### **Faith Based – Local Pastor/Chaplain or:**

Chief Steve Gambrell – 217-620-3109

### National Resources



#### **Safe Call Now – 206-459-3020**

[www.safecallnow.org](http://www.safecallnow.org)

A 24/7 helpline staffed by First Responders for First Responders and their family.



#### **National Suicide Prevention Lifeline – 988**

[www.988lifeline.org](http://www.988lifeline.org)

The Lifeline provides 24/7, free and confidential support for people in distress, prevention, and crisis resources.



## Illinois Fire Service Institute First Responder Resiliency Project



### Law Enforcement Resources

#### **Crisis Response Team (CRT) and Peer Support - (866) 535-1078 Press 9**

The Crisis Response Team (CRT) is available 24-hours per day, seven days a week to provide confidential peer support and information to officers who are in crisis for any reason. Should a major incident occur, such as a shooting that involves a police officer, CRT will respond if called. If requested, CRT will also send a team member to assist the officer, family, and department. If the incident involves a line of duty death, CRT can assist in the preparations of law enforcement funeral.

#### **FOP Illinois State Lodge Chaplaincy Program - (217) 726-8880**

The chaplain provides services as requested and all information is kept confidential. Religion and marital issues are discussed only as requested by the officer. Associate Chaplains are to be Christian friends, who meet an officer's needs on a one-to-one basis by listening or referring to other resources as is appropriate for each situation. As requested, or deemed appropriate, Associate Chaplains provide spiritual guidance and emotional care in times of crisis, and such physical help as he/she is equipped to provide on an emergency basis. Associate Chaplains are not intended to replace an individual's own clergy.

### Veteran Resources

#### **Veterans Crisis Line – 988 press 1**

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

A helpline staffed by VA professionals to help in times of crisis.

